## MERCY **HEALTH SERVICES**





Living, catered to you

# WHAT'S A DAY IN THE LIFE?

#### A SAMPLE OF A DAILY MENU

#### **BREAKFAST**

Fried Eggs Hashbrowns Bacon Toast

#### LUNCH

**Beef Roast** Mashed Potatoes & Gravy Corn Dinner Roll

#### DINNER

Hamburger Potato Casserole Side Salad Dinner Roll

### **EXAMPLES OF REGULARLY OCCURING ACTIVITIES**



Movie Night



**Exercise Groups** 



Bingo





**Baking Activities** 



Bowling



Crafts



Music Relaxation



Happy Hour



Bible Study



Cards & Games